



Herefordshire Disability Utd

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Aims of this session

- To flag up some info re dementia
- To give an insight into hospice services
- To highlight what St Michael's Hospice is doing/planning in re Dementia Care
- To answer Qs (if I can!)



National picture

- ▶ July 2017:
- ▶ 87% of people over 75 admitted to NHS hospitals for 72 hours plus had/were thought to have dementia
 - ▶ (NHS England 2017)
- ▶ Total pop with diagnosis of dementia in UK
- ▶ 529,098 (DOH, 2015/16)



Dementia

2016 study in Nature Communications

- ▶ For 2015, the estimated number of new cases was 209,000 each year – 26,000 more than in 1991, but 42,000 fewer than originally expected.
- ▶ This smaller than expected increase equates to a 20% drop in the overall dementia incidence rate from 1991 to 2015 – meaning the likelihood of developing dementia for over-65s today is lower than it was for the previous generation.



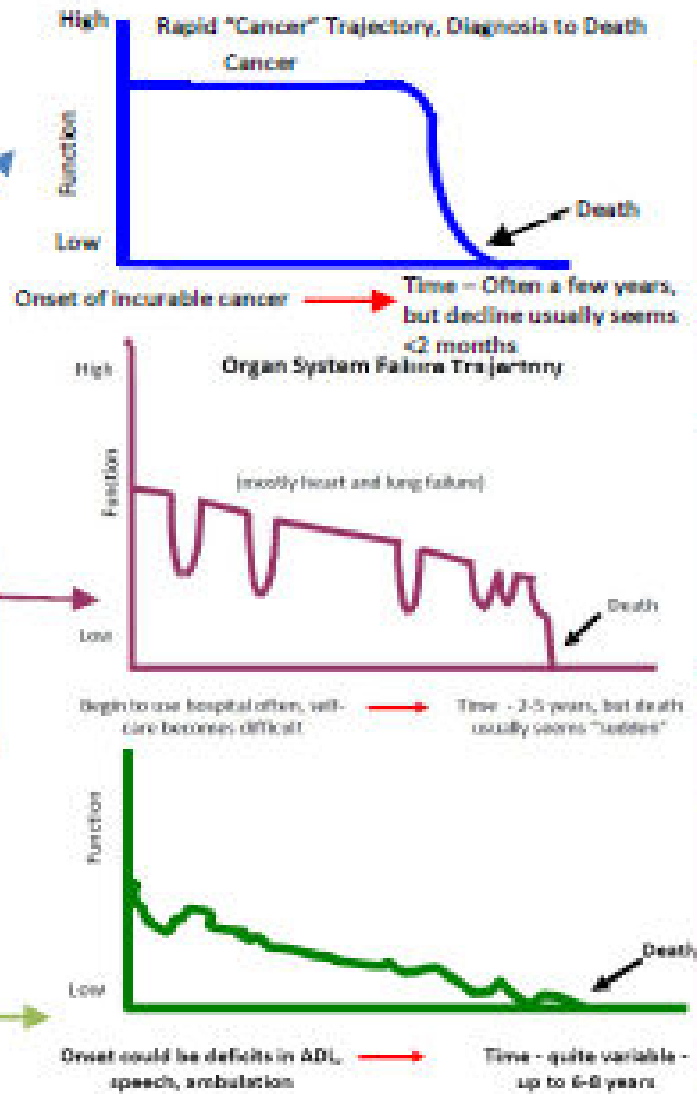
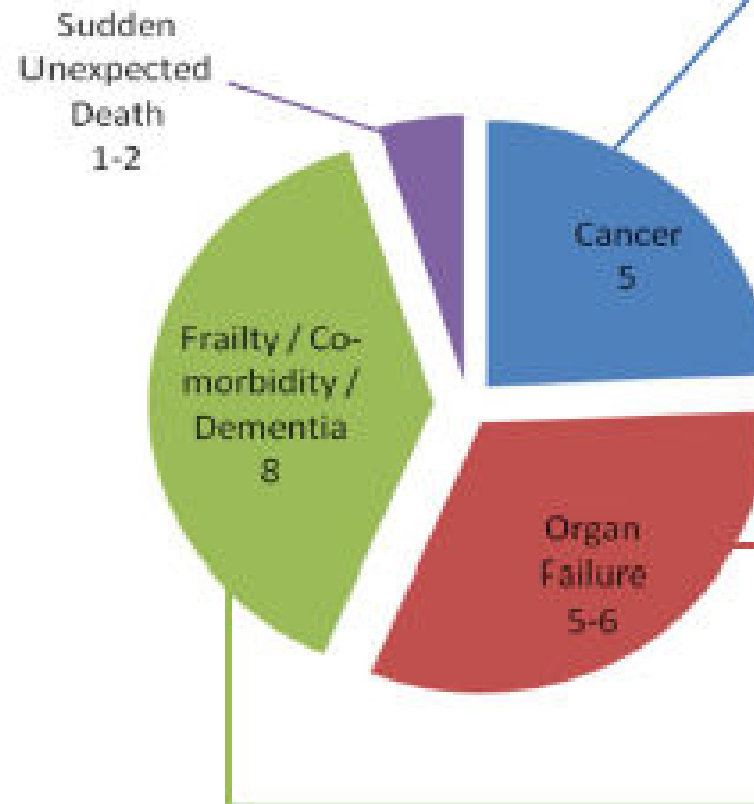
Background & Context

- ▶ Herefordshire population:
- ▶ 188,100 (2015)
- ▶ Approx 2000 deaths per year total
- ▶ Dementia prevalence lower than England and Wmids av
- ▶ 1760 diagnosed with dementia in 65+ age (=97% of total)

- ▶ 5,422 registered carers (24 aged 65-80)

▶ (Understanding H'shire 2017)

Average GP's workload – average 20 deaths/GP/year approx. proportions





St Michael's Hospice services- generally!

- In Patient care-20 beds short term care-symptom management,assessment, end of life care, respite care-(nurse led)
- REMEMBER 40-50% of in patients are discharged home again!!
- Day Services:
- Specialist clinics-renal; respiratory; cardiac
- Specialist palliative clinics- medical
- Fatigue & Breathlessness programme
- Day Hospice x 2 days weekly
- Living well day
- Hospice at Home services
- Full MDT input inc counselling, CTs and Psychology

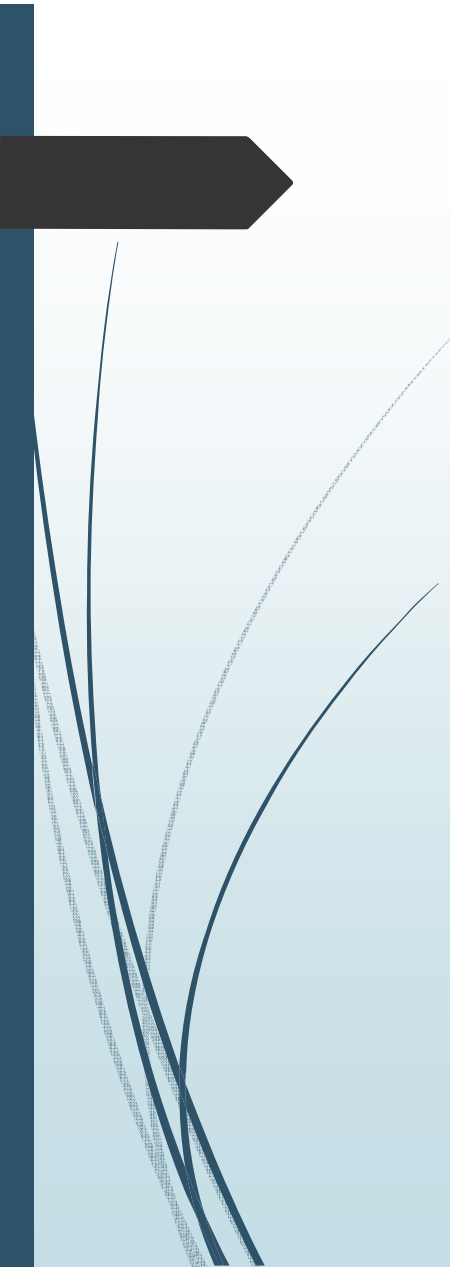


PLUS...

- Family carer services:
 - 1-1 support
 - Carer groups
 - Carer education
 - Information centre
 - Hand in Hand carer and cared for group monthly
- Site specific support groups:
 - Eg brain tumour; neurology; polio
 - 24 hour support line
- Professional services:
 - 24/24 tel advice
 - Education for all disciplines
 - Accredited courses
 - Placement opportunities



So what is the hospice doing in relation to dementia?

- 
- Information
 - Education
 - Support for individuals and families
 - Advice for colleagues in re symptom management etc
 - The future...



Advance Care Planning

- Offering information and advice about ACP
- What an ACP is
- The difference between Advance statement
- Advance Decision to refuse treatment
- Living will

- Lasting Power of Attorney aspects



Professionals education & support

- Formal education
- Informal advice/support
- Collaborative care where needed
- 24 hour telephone advice

Carers Education & Training



Living to the end of life
A Carers Guide to looking after someone who is terminally ill

Film Content
The DVD contains practical and helpful advice for carers who are looking after someone who is terminally ill. It is presented in chapter format and shares real life experiences, sensitively touching on traditionally 'hard to discuss' areas. Whilst this pack is no way claims to have all the answers for carers, it aims to signpost where help is available and the importance of asking for it.

Part One Personal Perspectives on Caring	Part Two A Very Different Story	Part Three Practical Aspects of Caring
Part One contains interviews exploring how different individuals and families have coped with becoming a carer.	Part Two offers insight into the experiences of a couple, dealing with the wife's severe, progressive illness for a number of years.	Part Three offers a series of demonstrations and interviews with health care professionals, designed to support the carer.
Chapters: Hearing the News, Talking it Through, Looking After Yourself, Trained Moments, The Terminal and After	Tony and Sarah's story reveal the problems of long term illness and long term care.	Chapters: Comfort, Movement and Safety, The Mouth, Mouth Care, Stools and Bowels, When Death is Near

Included Written Materials
The DVD also comes with a pack of written materials. This includes a short user guide explaining the menu system. There are also sections which complement the filmed content:

- Practical Tips
- The Terminal and After
- Remembering and Living
- Looking After Yourself
- When Death is Near

We have also included two small directories:

- Useful Contacts
- Useful Financial Information

For more information regarding availability of copies, please contact Jean Fisher at: 28 Michaels Hospice, Bartestree, Hereford HR1 4NA. T: 01432 851000. © Infryst michaels.hospice.org.uk

Silva **NHS West Midlands**



Carers Support

- ▶ 24 hour telephone advice
- ▶ Access to support networks etc
- ▶ Hand in Hand
- ▶ Hospice Neighbours
- ▶ Compassionate Communities

And the future...





St Michael's Hospice

- 01 432 851000/ or 01 432 852080
- Call for advice, guidance, educational support